

# KINDRED BREAKOUT SESSIONS 2026

## Saturday Free Time Options

**The Giant Swing:** This adventurous ride will be open from 1pm - 5pm and there are sign-ups in increments of 3 people every 15 minutes. Arrive 10 minutes before your scheduled time slot. **Location: by the lake**

### **SESSION 1:**

**Time: 1:45-3:00**

#### **Sand Volleyball: Jackie Munoz**

Join a team with your friends and make some new ones. Weather permitting.

**Location: Volleyball court**

**Homemade Greeting Cards: Gale Deome:** This breakout session is a time for you to create your own homemade cards. When you finish the session, you will have made four cards with envelopes ready to send to a loved one. **Cost: \$5 Location: Bart's Hideaway**

#### **Contemplative Prayer: Nancy Calkins**

Contemplative prayer is used for listening to God and not just talking to God. Nancy Calkins will share how this is a practice that will help you relieve stress, as well as help you know God through His word. Bring your journal. **Location: Lower Stagecoach**

#### **Standing Strong: Faith, Family, and the First Responder Life: Rae Johnsen**

If you are connected to the first responder life, whether you serve, support, or love someone in it, this session is for you. Together, we will gently unpack the pressures of this lifestyle and the labels we often carry, and begin to replace them with God's truth. You will gain simple, practical tools to navigate stress in a healthy way, communicate more effectively, and strengthen connection within your family. You will leave with something meaningful to carry with you, both in your heart and everyday life. **Location: Upper Stagecoach**

#### **Finding Meaning in Grief: Laurie Taylor**

This session will use conversation, teaching, and creativity to process our pain so that we do not get stuck in our grief. Instead, if we can find meaning in our loss, we can continue to grow, learn, and trust that God is still using us for His greater purpose. **Location: Woodville Commons**

#### **Freedom in Christ: Erin Watkins**

"How can my sin increase my love of Jesus?" Join us as we examine the story of the "Sinful Woman" in Luke chapter 7. We will learn not only of the heart of God towards us, but how to pray through that story. As we practice leaving our guilt and shame at the cross, we come away bigger lovers of Jesus! "For freedom Christ has set us free"! **Location: Lakeside Lounge**

#### **Bunko: Barbara Palmer and Holly Palmer**

Dice, laughter and prizes...need we say more? - Space is limited to 52

**Location: Timberwood Hall**

## **SESSION 2:**

**Time: 3:15-4:45**

### **Camp Hike: Alyssa Chaplin**

Come take a walk on the old growth trail and enjoy God's wonderful creation. Be on the lookout for trees, wildflowers, animal tracks, maybe even a banana slug or 2. Wear appropriate shoes and bring water. Weather permitting. **Location: Outpost Plaza below the game room.**

### **The Big Picture of the Bible: Tami Smith and Vicky Zancanella**

Come experience an interactive Bible overview class that will help you learn or refresh what the big story of the Bible is all about. Tami Smith and Vicky Zancanella will show you the "Bible bookshelf" to see how the Bible is organized, act out a timeline with main Biblical events, & ask questions throughout to help you see what you already know and where you might want to grow in your understanding of the most important book of all time.

**Location: Lakeside Lounge**

### **Rhythms of Rest After Retreat: Jodi George**

Retreats are restful, refreshing, and renewing...and then we go home. What if we can find rhythms of rest that will carry us and sustain us as we move forward into our real life, our everyday often messy and always unpredictable days? Whatever your season of life, this breakout session will explore practical and doable ways to experience more of God's invitation into the rest Jesus offers in Matthew 11:28: "Come to Me, all who are weary and burdened, and I will give you rest." **Location: Lower Stagecoach**

### **Book Lovers Breakout: Leslie Keller**

Are you a reader or want to increase your list of "must reads"? If so, you are invited to take part in this session of 12 women. The only preparation is to bring a book you have read and think others should read. Fiction. Biography. Personal growth. Even a challenging non-fiction book. It can be a title from years back or your most recent fave!! Come prepared to give us an "elevator pitch" (ie. short and concise) summary or read an excerpt from the book to pique our interest. Please include the Title and Author of the book when you sign up. A list of all books will be distributed at the end. **Location: Woodville Commons**

### **Scripture Without Stress: Karen King**

A real moment in the middle of the mess. Let's Study Psalm 57. Ever feel like you're stuck in a season that doesn't make sense? Like you're wandering, waiting, and wondering what God is doing? Let's sit with David, hiding in a cave, running from Saul in 1 Samuel 24 - and somehow still writing a worship song in Psalm 57. He doesn't know how this ends. We'll take an inductive approach, reading slowly and digging deep. **Location: Timberwood Hall**

### **Wood Jewelry Earrings Craft: Willow Schmaljohann**

You will be using a variety of paints and paper designs to create a colorful and unique pair of wooden earrings, and can wear them home. There will be two 30 minute sessions, limited to 20 spots each session. **COST: \$5. Location: Bart's Hideaway**